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SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

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**Form 6-K**

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**Report of Foreign Private Issuer  
Pursuant to Rule 13a-16 or 15d-16 under  
the Securities Exchange Act of 1934  
For the month of January 2025  
Commission File Number 001-32640**

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**DHT HOLDINGS, INC.**

(Exact name of Registrant as specified in its charter)

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Clarendon House  
2 Church Street, Hamilton HM 11  
Bermuda  
(Address of principal executive offices)

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Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F  Form 40-F

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Press Releases

The press release issued by DHT Holdings, Inc. on January 14, 2025 related to its business update is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

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## EXHIBIT LIST

<u>Exhibit</u>	<u>Description</u>
<a href="#">99.1</a>	<a href="#">Press Release dated January 14, 2025</a>

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## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

DHT Holdings, Inc.

\_\_\_\_\_  
(Registrant)

Date: January 14, 2025

By: /s/ Laila C. Halvorsen

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Name: Laila C. Halvorsen

Title: Chief Financial Officer

HAMILTON, BERMUDA, January 14, 2025 – DHT Holdings, Inc. (NYSE:DHT) (“DHT” or the “Company”) today provides the following business update:

For the fourth quarter of 2024, the Company estimates time charter equivalent earnings for its fleet at \$38,800 per day, comprising of \$38,200 per day for the Company’s VLCCs operating in the spot market and \$40,500 per day for the Company’s VLCCs on time-charter. The estimated time charter equivalent earnings are based on 2,206 revenue days for the fourth quarter, of which 1,619 days are spot days.

For the full year of 2024, the Company estimates charter equivalent earnings for its fleet at \$45,200 per day, comprising of \$47,200 per day for the Company’s VLCCs operating in the spot market and \$38,900 per day for the Company’s VLCCs on time-charter. The estimated time charter equivalent earnings are based on 8,595 revenue days for 2024, of which 6,520 days are spot days.

Thus far in the first quarter of 2025, 51% of the available spot days have been booked at an average rate of \$31,400 per day on a discharge-to-discharge basis. 65% of the available revenue days, spot and time-charter days combined, have been booked at an average rate of \$35,800 per day.

#### **About DHT Holdings, Inc.**

DHT is an independent crude oil tanker company. Our fleet trades internationally and consists of crude oil tankers in the VLCC segment. We operate through our integrated management companies in Monaco, Norway, Singapore, and India. You may recognize us by our renowned business approach as an experienced organization with focus on first rate operations and customer service; our quality ships; our prudent capital structure that promotes staying power through the business cycles; our combination of market exposure and fixed income contracts for our fleet; our counter cyclical philosophy with respect to investments, employment of our fleet, and capital allocation; and our transparent corporate structure maintaining a high level of integrity and good governance. For further information please visit [www.dhtankers.com](http://www.dhtankers.com).

#### **Forward Looking Statements**

This press release contains certain forward-looking statements and information relating to the Company that are based on beliefs of the Company’s management as well as assumptions, expectations, projections, intentions and beliefs about future events. When used in this document, words such as “believe,” “intend,” “anticipate,” “estimate,” “project,” “forecast,” “plan,” “potential,” “will,” “may,” “should” and “expect” and similar expressions are intended to identify forward-looking statements but are not the exclusive means of identifying such statements. These statements reflect the Company’s current views with respect to future events and are based on assumptions and subject to risks and uncertainties. Given these uncertainties, you should not place undue reliance on these forward-looking statements. These forward-looking statements represent the Company’s estimates and assumptions only as of the date of this press release and are not intended to give any assurance as to future results. For a detailed discussion of the risk factors that might cause future results to differ, please refer to the Company’s Annual Report on Form 20-F, filed with the SEC on March 20, 2024.

The Company undertakes no obligation to publicly update or revise any forward-looking statements contained in this press release, whether as a result of new information, future events or otherwise, except as required by law. In light of these risks, uncertainties and assumptions, the forward-looking events discussed in this press release might not occur, and the Company’s actual results could differ materially from those anticipated in these forward-looking statements.

#### **Contact:**

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